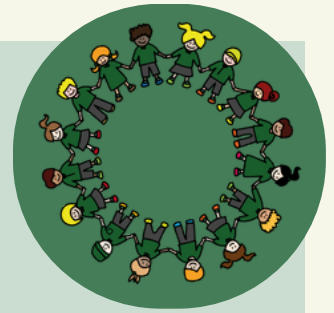




NEWSLETTER

**Autumn Term
2026 - Vol 3**
WE: 9th October 26

Sustainability

Thank you to all our families for supporting our commitment to sustainability. We encourage children to reuse, recycle or repurpose items they already have at home rather than buying new clothes or costumes, which was fantastic to see when everyone dressed up for our Maths Rockstar Day, using old clothes, cardboard, accessories and homemade decorations to rise to the occasion!

CEO Q&A - Join Us for the Next Session

Thank you to everyone who joined our recent CEO Q&A session. The minutes from the session, including the questions raised and responses provided, are available here: https://www.secat.co.uk/newsletters?utm_source=chatgpt.com or use the QR code below:



Our next CEO Q&A session will take place on Wednesday 13th January, from 12.00pm-1.00pm. The session is an opportunity to hear Trust updates, ask questions and engage directly with the CEO. Further details on how to join will be shared nearer the time.

In this weeks newsletter;

Sustainability Matters

Latest News

Upcoming Events

Dates for the Diary

Other News

Free School Meals

Clubs Complete



office@richmond.secat.co.uk

Empowered by SECAT



LATEST NEWS...

Message From SECAT

Academy Committee Leadership for 2026/27.

We are pleased to confirm that Michael Dyer will continue as Chair, with Rob Salter appointed as Co-Chair, of the Richmond Avenue Primary School Academy Committee for the 2026/27 academic year. Our Academy Committee plays an important role in the governance of the school, providing support and challenge to school leaders, monitoring key school priorities and providing assurance to the Trust Board, while helping to ensure that the voice of the school community is reflected within the wider Trust.

We would like to thank Michael for his continued commitment as Chair, welcome Rob to his new role as Co-Chair and thank all of our Academy Committee governors for the time and commitment they give voluntarily to support Richmond Avenue Primary School.

Challenge Morning

A huge thank you to all the parents, carers and children who worked together for our Kindness Challenge Morning. It was wonderful to see so many families getting involved and sharing ideas about how small acts of kindness can make a big difference.

Maths Rockstar Day

It was fantastic to see so many creative costumes and, more importantly, so much enthusiasm for developing those all-important maths skills. Our children rose to the challenges, showing determination, resilience and a fantastic attitude towards their learning.

You were all true rockstars.



Upcoming Events...

Parent Consultations

Parent consultations are now live and bookable on the My Child At School app and will be held the week beginning 12th October. There will also be an evening session bookable on Wednesday 14th October between 3.30pm - 7pm. Deadline for booking your meeting is Sunday 11th October at 12pm.



KEY NEWS:

WINNERS

Well done to DH6 & LC1 for having the highest class attendance this week!

Clubs Complete

Please ensure you book via the QR code on following pages or call 01530 412750 at least 24 hours in advance. Remember this is now an external club.

ATTENDANCE

Being in school, on time, every day matters. For children to learn and thrive to reach their potential, they need to be in school. Our gates are open **daily from 8.35am - 8.45am**, please ensure your child enters the school between these times so that they can get to class on time and engage in the important start of day activities and learning. Thank you.



Dates for the diary...



October

- WB 12th - Parent Consultation Meetings all week (during school hours)
- Wed 14th - Afterschool Parent Consultation Meetings
- Fri 16th - Harvest Festival (food donations via the office please)
- Fri 16th - PTA Spooky Spoons Competition, 50p per entry

*** Half Term 19th–30th October ***

Children return to school Monday 2nd November

November

- Mon 9th - Odd Socks Day
- WB 9th - Kindness week
- Fri 13th - Children in Need (Dress in pyjamas and pay £1 for charity)
- WB 23rd - Enterprise week – year group projects to make items for Christmas Fair
- Fri 27th - PTA Winter Event After School - Details TBC after the break

December

Wed 2nd - Christmas Bazaar (selling enterprise week items) 2pm - 4pm

Other News:



Spooky Spoons competition

Friday 16th October - PTA Spooky spoons competition - Can you design the scariest, spookiest or most creative spoon? Prizes will be awarded for the most creative spoons.



Macmillan Coffee Afternoon.

A huge thank you to everyone who supported our Macmillan Coffee Afternoon. We are delighted to announce that, thanks to your generosity, we raised an amazing £223 🎉



Poppy Appeal

Poppies appeal box with poppies and other related merchandise will be going around the classes from the 2nd November, any donation is welcome.

NURSERY 2027



**FUNDED
&
PRIVATE
SESSIONS**

Richmond Avenue Primary & Nursery School

January 2027 Sessions Now Available
We'd love to welcome you to Richmond Avenue Primary and Nursery School to discover our wonderful nursery provision!

Join us to:

- 🌰 Meet our experienced and caring nursery team – the friendly faces who'll nurture your child's development
- 🌰 See our nursery environment – a bright, stimulating space designed for curious young minds
- 🌰 Look at our play-based environment – see how we help children learn through exploration and fun
- 🌰 Ask any questions – we're here to help you feel confident about this exciting next step

**12TH
NOVEMBER
3.45PM**

**10TH
DECEMBER
5PM**

01702 292197
NURSERY@RICHMOND.SECAT.CO.UK



Southend Educational Psychology Service Upcoming Parent Coffee Mornings

Introduction to Barriers to School Attendance (Part 1)

Designed to support parents and carers of both primary and secondary-aged children, this session provides a clear introduction to Emotionally Based School Non-Attendance (EBSNA), including key facts, research, and current understanding. It explores common risk and protective factors, helping parents recognise what may make school attendance more difficult, as well as what can support a child's resilience. The session also highlights early signs to look out for when a child may be beginning to experience EBSNA. In addition, parents will be introduced to early intervention strategies, the role of multi-agency support, and a range of helpful services and resources available to support both children and families.

05/11/2026- 10am-11am, Online via Microsoft Teams

26/11/2026 - 10am-11am, Online via Microsoft Teams

21/01/2027- 10am-11am, Online via Microsoft Teams

03/02/2027 - 10am-11am, Civic Centre, Committee Room 3

20/04/2027 - 10am-11am, Online via Microsoft Teams

10/06/2027- 10am-11am, Civic Centre, Committee Room 3

**If you are joining a session online, via Microsoft Teams, please email:
EPTeam@southend.gov.uk for the meeting link.**



Southend Educational Psychology Service Upcoming Parent Coffee Mornings

Barriers to School Attendance (Part 2)

Our part two parent session to 'Barriers to School Attendance' equips parents with practical tools and early-intervention strategies to support their child's attendance from home. It helps families better understand the reasons behind emotionally based school Non-Attendance (EBSNA) and why consistent support is so important. The session is designed to build confidence and hope, offering clear, achievable steps parents can take to make a positive difference.

08/12/2026- 10am-11am, Civic Centre, Committee Room 6

09/02/2027- 10am-11am, Civic Centre, Committee Room 6

18/03/2027 - 10am-11am, Online via Microsoft Teams

06/05/2027- 10am-11am, Civic Centre, Committee Room 3

22/06/2026- 10am-11am, Online via Microsoft Teams

**If you are joining a session online, via Microsoft Teams, please email:
EPTeam@southend.gov.uk for the meeting link.**

Asthma Newsletter

Winter 2026

Mid and South Essex
Community Collaborative



Did you know flu is a major trigger for asthma attacks?

Want to know how to protect your child this winter?

Follow the Community Children's Asthma Nurses top tips:

- Take your **preventer** inhaler everyday.
- Always use a **spacer** unless you have a dry powder inhaler.
- Make sure you get your **flu vaccine**.



We need a spacer to ensure the medicine gets to our lungs.



What does a "preventer" inhaler do?

1. It reduces the swelling and inflammation within the airway in the lungs.
2. This makes the airways less sensitive to asthma triggers.
3. Using it every day as prescribed, will mean you need to take your rescue (blue) inhaler less.

According to UKHSA data the flu vaccine is up to 75% effective at preventing hospital attendances due to flu.

What is good asthma control?



1. **No symptoms during the day.**
2. **No symptoms waking them at night.**
3. **Able to complete all normal activities including PE.**
4. **Little/ no need for the rescue (blue) inhaler.**

If you are worried that your child's asthma is not controlled despite preventer treatment, please visit your GP for an asthma review and why not discuss referral to the Children's Community Asthma Service.



Important changes to Free School Meals from September 2026



Good News for Families!

From September 2026, all households receiving Universal Credit will be eligible for free school meals in England, removing the current £7,400 income cap. Over 500,000 More Pupils Eligible and can save families up to £495 per child per year on school lunches

What's Changing?

New Eligibility Rules

Any household receiving Universal Credit will qualify for free school meals, regardless of income level. All reception, year 1 and year 2 pupils are eligible for free meals regardless of household income. No application is required for these year groups.

Do You Need to Apply?

YES! Although you're ultimately responsible for checking eligibility, your LA can carry out checks via the DfE's eligibility checking system. Even if you receive Universal Credit, you must still submit an application through Southend-on-Sea Council to receive free school meals for your child.

YOU CAN APPLY NOW

How to Apply

Parents or guardians should apply through their local council or visit <https://www.gov.uk/apply-free-school-meals> to start your application.

- You will typically need your National Insurance Number and details of any qualifying benefits.
- Even if eligibility is automatic (e.g., Universal Credit recipients from September 2026), families must still submit an application to receive the benefit.

If circumstances change, such as a change in income or benefits, parents should update the school or council to ensure continued eligibility.

Transitional Protection Ending

The protections will remain in place until the end of the 2025/26 school year. From September 2026, only Universal Credit recipients will qualify.

Need Help?

Please contact the school office at office@richmond.secat.co.uk if you have any questions.





**JOIN US FOR BEFORE SCHOOL CLUB
HERE AT RICHMOND**

To book for breakfast
club scan here:

**Breakfast Club 7:30-8:30am
£6.99 per morning
Held on site at Richmond Primary School**



For after school, the children
are collected and walked to the
club held at Thorpedene.

To book for
after school
scan here:



**£6.95 per Activity Club 3-4:30pm
£14.50 per Discount care
package including food 3-6:00pm**

**Monday
Arts & Crafts**



**Tuesday
Fun & Games**



**Wednesday
Lego**



**Thursday
Multi
Sports**



**Friday
Mad
Labs**



Book now at www.clubscomplete.co.uk 01530 412750

