

FREE ONLINE WORKSHOPS

FOR PARENTS AND CARERS

OF NEURODIVERGENT CHILDREN AND YOUNG PEOPLE

Delivered by the Mental Health Support Team

@EssexMHST_and_SETcamhs

SCAN TO REGISTER



bit.ly/4jtb46c



Meltdowns and Shutdowns

14th October 9:30 am

Communication Differences

19th October 7:00 pm