

Richmond Avenue Primary and Nursery School

Subject Rationale



PSHCE

School Ethos

Our aim is to create a rich learning environment, enabling every pupil to fulfil his or her potential. We are committed to the highest possible educational standards, with a matching concern for the personal growth and development of each pupil.

Intent

The school motto is, 'Learning and Achieving Together'. We passionately believe that all children can achieve well in PSHCE, develop a growing awareness of a range of personal, social, health, economic and citizenship qualities and leave well prepared for the next stage of their education. PSHCE within our school promotes pupils' wellbeing through the spiritual, moral, cultural, mental and physical development and prepares them for the opportunities, responsibilities and experiences of later life.

PSHCE enables children to become healthy, independent and responsible members of society while equipping them with the necessary skills to develop safe and happy relationships (RSE). We encourage our pupils to play a positive role in contributing to the life of the school and the wider community. In so doing we help develop their sense of self-worth.

Implementation

The PSHCE curriculum is designed to enable each individual pupil to gain the skills and understanding to become a positive and self-aware member of society. At Richmond we teach lessons that are both explicit and implicit in offering learning opportunities and experiences as they move through the Key Stages. We build on the skills that pupils started to acquire during the Early Years Foundation stage (EYFS) to develop effective relationships, assume greater personal responsibility and manage personal safety, including online. Lessons progress through the themes of 'Health and Wellbeing'; from learning about what keeps them healthy to planning healthy meals, 'Relationships'; identifying what makes a good friendship to recognising when a friendship makes them feel unsafe, and 'Living in the Wider World'; knowing that money comes from different sources to learning about the risks associated with money. These are taught as a class using interactive activities, discussions and written or illustrated tasks.

Each year group teach topics appropriate to their age group. In addition to this we are recognised by Southend Borough Council as achieving Healthy Schools Status and Enhanced Healthy School. For both of these awards, we were given the opportunity for developing pupil enrichment as outside agencies came to deliver training, assemblies, plays and workshops. Some of these included: Stonewall, 'Kalma Kids', 'Show Racism the Red Card', 'Young Carers' and The Samaritans.

Early Years

PSHCE is taught daily through continuous provision where the adults model appropriate behaviour and attitudes and discuss situations with pupils as they arise. The children are assessed against the Early Years Framework.

Key Stages One and Two

PSHCE sessions take place weekly using the new framework and schemes of work from the PSHE Association. The sessions consist of interactive whiteboard activities, class discussions, written

tasks and debates. Children learn about sex and relationships in an age appropriate manner, following the statutory guidance for Relationships, Sex and Health education and utilising the scheme of work from 'Yasmine and Tom'.

For example, in Year Two children learn the proper names for body parts and talk about keeping themselves clean. In Year Five children learn about puberty in gender specific learning groups. In Year Six, children learn how babies are made and taught to recognise when a relationship is not safe and how to ask for support.

As well as class sessions, at Richmond we are continuously teaching PSHCE through circle times, our school values, ethos, school celebrations, events, trips in the local environment and residential trips.

Impact

PSHCE enables children to become healthy, independent and responsible members of society. Pupils are given the vocabulary to be able to talk about a range of Personal, Social, Health, Economic and Citizenship issues. Pupils gain accurate and relevant knowledge and the skills, language and strategies they need in order to live healthy, safe, fulfilling, responsible and balanced lives.